

The City of



Park &
Recreation

CITY OF SAN DIEGO PARK AND RECREATION DEPARTMENT
"WE ENRICH LIVES THROUGH QUALITY PARKS AND PROGRAMS"

Pacific Beach Recreation Center

1405 Diamond Street ✧ Pacific Beach, CA 92109

Phone: (858) 581-9927 ✧ www.sandiego.gov

A photograph of a field of green grass with several tulips in pink, yellow, and white, set against a blue sky with white clouds.

Spring 2016 Program

ONLINE CLASS REGISTRATION BEGINS: February 20, 2016
SEE LAST PAGE FOR REGISTRATION DETAILS.

Pacific Beach Recreation Center Staff

AREA MANAGER II

Tyler Canales

RECREATION CENTER DIRECTOR II

Roger Hughes

RECREATION LEADERS I

Alijah Gargano, Roman Norby-Cedillo,

Brittany Villanueva

GROUND MAINTENANCE WORKER II

Chris Richmond

Hours of Operation

(Hours are subject to change without notice.)

Monday 1:00 - 8:00 p.m.

Tuesday 12:00 - 9:00 p.m.

Wednesday 12:00 - 8:00 p.m.

Thursday 12:00 - 9:00 p.m.

Friday 12:00 - 7:00 p.m.

Saturday 9:00 - 2:00 p.m.

Sunday ***Closed***

Programs, schedule, and fees are subject to
change without prior notice.

GYMNASIUM SCHEDULE

MONDAY

Open Play Basketball 1:00 - 7:00 p.m.
Vavi Volleyball 7:00 - 10:00 p.m.

TUESDAY

Open Play Pickleball 12:00 - 4:30 p.m.
Open Play Basketball 4:30 - 6:00 p.m.
Open Play Volleyball 6:00 - 8:45 p.m.

WEDNESDAY

Open Play Basketball 12:00 - 5:45 p.m.
Volleyball Clinic 6:00 - 8:45 p.m.

THURSDAY

Open Play Pickleball 12:00 - 4:30 p.m.
Open Play Basketball 4:30 - 5:45 p.m.
Co-ed Volleyball league 6:00 - 8:45 p.m.

FRIDAY

Open Play Basketball 12:00 - 6:45 p.m.

SATURDAY

Open Play Basketball 9:00 - 2:00 p.m.

SUNDAY

Pacific Beach Kids Day 10:00 a.m. - 1:00p.m.



BOOK-NOOK

Book Nook is a “take a book leave a book” place to gather where everyone can share their favorite book, literature, and stories. If anyone really likes a book, they can keep it and donate a different book to our library to share with others. If anyone is looking for something to read, the Book Nook is the perfect place for children and adults.

LOCAL COMMUNITY TELEPHONE NUMBERS

Santa Clara Recreation Center	(858) 581-9928
La Jolla Recreation Center	(858) 552-1658
PB Town Council	(858) 483-6666
Balboa Park Permit Center	(858) 235-1169
PB Elementary School	(858) 488-8316
PB Middle School	(858) 273-9070
Kate Sessions Elementary	(858) 273-3111
Animal Control	(619) 236-4250
Pacific Beach Library	(858) 581-9934

RECREATION COUNCIL

The Santa Clara/Pacific Beach Recreation Council is an advisory committee made up of individuals from the community. Recreation Council members work with City staff to promote recreational activities for the citizens of Pacific Beach and Mission Beach. Meetings are held on the Third Tuesday of every month, at 5:30 p.m. New Membership is welcome. More information is available by contacting the office at (858) 581-9927.

THE FOLLOWING FACILITIES AND AMENITIES ARE AVAILABLE FOR RENTAL USE.

Pacific Beach Recreation Center

Multi-purpose field, gymnasium, Three meeting rooms, and a kitchen.

Kate Session Park

Large grassy area for parties, weddings, and event picnics.

Pacific Beach Elementary School

Multi-purpose field.

All permits are issued by the Recreation Center Director, who can be contacted at (858) 581-9927. Permits are issued by appointment only.

PROGRAMS, CLASSES AND TIMES ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTICE.

YOUTH PROGRAMS

Let 's Make Art

Day: Wednesdays 12:30 - 1:30 p.m.

Ages: 4 to 9 years

Cost: Free

Instructor: Brittany

Session I: February 24 - March 30 (#23254)

Session II: April 6 - April 27 (#23255)

Session III: May 4 - May 25 (#23256)

This class will encourage young artists to discover their creative skills. Every week will focus on a particular art style from famous artists. Students will create a final art project at the end of a 6 week session.



Beginner Table Tennis

Day: Monday 3:30 - 4:30 p.m.

Ages: 10 years and older

Cost: Free

Instructor: Alijah

Session I March (#23257)

Session II: April (#23258)

Session III: May (#23259)

This class will focus on beginning skills and the opportunity to play table tennis. All equipment is provided, and participants may bring their own paddle.



Pee Wee Sports

Day: Tuesdays 3:30 - 4:30 p.m.

Ages: 4 to 5 years

Cost: \$10.00 per month

Instructor: Brittany

Session I: March (#23260)

Session II: April (#23261)

Session III: May (#23262)

Pee Wee Sports teaches children how to play sports such as Kickball, T-Ball, Soccer, Basketball and other fun games. It also helps develop team skills, confidence, and social skills.



Youth Volleyball

Cost: \$50 for season

Division : 8 to 10 Years (#23595)

Division : 11 to 12 Years (#23596)

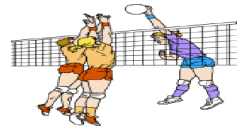
Age cut off date: June 16, 2016

Registration Begins: February 20, 2016

SEASON : March 19, 2016 to June 11, 2016.

Practices are held on Tuesdays/

Thursdays.



City Dance Classes

Cost: \$41.00/ 10 weeks

Day: Tuesday, January 5 - May 17, 2016

Pre Tap: 4-5 years 3:45 p.m. (#20309); Beg. Tap 1A 6-17 years 4:30 p.m. (#20313)

Jazz 1A 6-17 years 5:15 p.m. (#20311); Beg. Hip Hop 1A 8-17 years 6:00 p.m. (#20315)

More information regarding this program is available by contacting City Dance at: 619-235-5255 or civildancearts.org

New Students must contact the dance office for assistance with enrollment. Teacher approval required.



YOUTH PROGRAMS

RED DRAGON SHOU SHU

DAYS: Mondays, Tuesdays, Wednesdays, Thursdays

This class is for participants who desire self-discipline, respect for others, leadership and team work, the satisfaction of knowing that they have accomplished a respected goal is rewarding to all participants. Shou Shu is the ultimate art of unarmed self-defense as well as a system in achieving physical fitness and self confidence. Shou Shu provides an unequaled form of control of the body and sharp discipline of the mind. Participants will make new friends too!

Uniforms for Self Defense are highly recommended, and are available to purchase from the instructor throughout the course. All uniforms include a white belt and cost \$30.00 (all sizes). Students may wear shorts or sweat pants and a t-shirt.

www.Reddragonshoushu.com

Pee Wee Self - Defense: 4:00 – 5:00 p.m. 3 – 7 years

Fee: \$60.00 Monthly

Monday and Wednesday Class

March (#23240) April (#23241) May (#23242)

Tuesday and Thursday Class

March (#23243) April (#23244) May (#23245)

Martial Arts For Kids: 5:00 – 6:00 p.m. 7-13 Years

Fee: \$75.00 Monthly

Monday and Wednesday Class

March (#23246) April (#23247) May (#23248)

Tuesday and Thursday Class

March (#23249) April (#23250) May (#23251)



YOUTH TENNIS LESSONS

This program focuses on the fundamentals and learning the skills of tennis. More information is available by calling Joe Wesson, USPTA Certified Professional, at (619) 743-8051.

Saturdays: 9:00 a.m. - 1:00 p.m.

One hour sessions are scheduled on the hour.

Fee: \$60.00/ 7 week sessions

Session I: March 12 - April 23, 2016 (#23252)

Session II: April 30 - June 11, 2016 (#20589)

Ages: 6-14 years. Sessions are ongoing.



OPEN PLAY PICKLEBALL

3 INDOOR COURTS

Levels of play are Beginner and Intermediate.

Tuesdays and Thursdays 12:00 - 4:30 p.m.

Open to All Ages



YOUTH PROGRAMS



SUNDAY is

Pacific Beach Kids Day



ActiveNet (#23705)

This program is Free!

Time: 10:00 am - 1:00 pm.

Day: Sundays

Dates: Every Sunday

Ages: 2 - 6 years

Activities include Games, Jumpie, Tumbling Equipment and more.

All participants must sign a liability waiver. Parents must accompany their children in this program



UPCOMING PROGRAMS

Parks Fit San Diego 2016

Challenge: Walk, Run, Roll or Swim 30 miles between June 18 and August 13

Reward: Get fit, stay healthy & receive a Parks Fit SD t-shirt!

Join this year's Parks Fit San Diego program by visiting any City of San Diego Park and Recreation Department facility (recreation center, pool, nature center, activity center or golf course) for a quick and easy enrollment process. Choose one activity or mix it up. Track your miles and turn them in by the due date for your Parks Fit SD t-shirt!

Kickoff Event - 1 mile Fun Run & Market in the Park

Saturday, June 18, 2016 at 8:00am

Morley Field, 2221 Morley Field Dr., San Diego 92104

Finale Event - 5K Run/Walk & Family Celebration

Saturday, August 13, 2016 at 7:30am

NTC Park, 2455 Cushing Rd, San Diego 92106



Stay Fit San Diego!

Visit: www.sandiego.gov/park-and-recreation for more info.

Proudly Presented by:



Official financial partner of the City of San Diego

SPECIAL EVENTS

Santa Clara/Pacific Beach Recreation Council Presents:

Spring Egg Hunt

Free Egg Hunt!

When: Saturday, March 26, 2016

Where: 1405 Diamond Street, San Diego, Ca 92109

Times: Ages 3 years and younger @ 10:00 a.m.

Ages 6 years and younger @ 10:15 a.m.

Ages 10 years and younger @ 10:30 a.m.

Egg Hunts will start on time.

Children need to bring their own baskets.

Returned Eggs will qualify each participant for a Special Goodie Bag!!



Participants of all ages will enjoy a day of fun with the bunny.

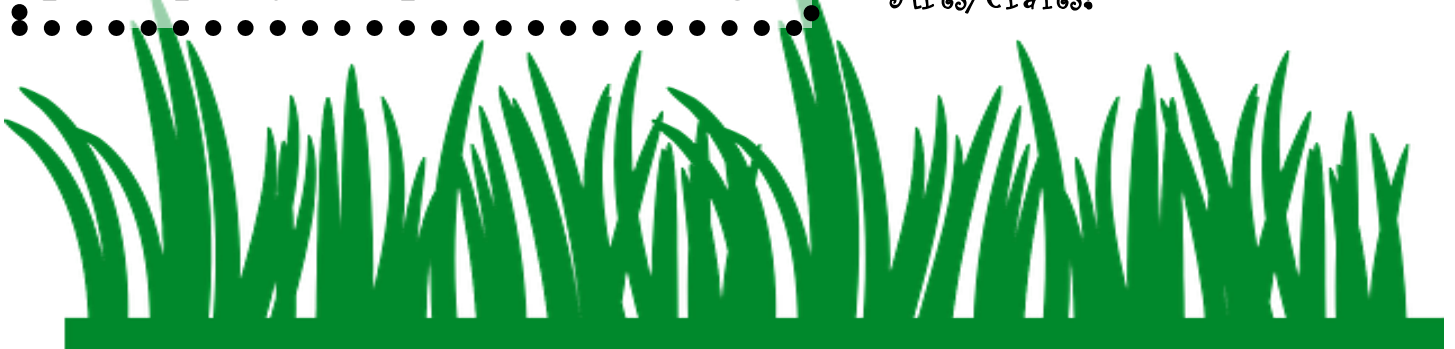
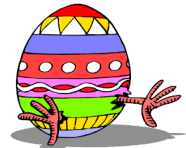
\$3.00 wristband includes:

- 40 foot obstacle course!

- Bounce house!

- Face painting!

- Arts/crafts!



ADULT CLASSES

VOLLEYBALL CLINIC

This Volleyball clinic is for players of all levels. Classes consist of: Conditioning drills in passing, setting, spiking, serving and offensive and defensive skills.

More information is available by contacting Farid Karimi at (858) 871-0047

Wednesdays 6:00 - 7:45 p.m.

\$50.00/5 Week Session

SESSION I: March 30 - April 27, 2016 (#23056)

SESSION II: May 4 - June 1, 2016. (#23057)

SESSION III: June 8 - July 6, 2016 (#24022)

RED DRAGON SHOU SHU

Fee: \$100.00 Monthly

Mondays, Tuesdays, Wednesdays, Thursdays.

This class is for participants who desire and seek the meaning of self-discipline, respect for others, leadership and team work. The satisfaction of knowing that they have accomplished a respected goal is rewarding to all participants. Shou Shu is the ultimate art of unarmed self-defense as well as achieving physical fitness and confidence in oneself. Shou Shu provides a form of gaining control of the body and sharp discipline of the mind.

Uniforms for Self Defense are highly recommended, and are available to purchase from the instructor throughout the course. All uniforms include a white belt. And cost \$30.00 (all sizes). Students can wear shorts or sweatpants and a t-shirt.

TEEN & ADULT GROUP 7:00 - 8:00 p.m.

Monday and Wednesday Class

March (#23226) April (#23227) May (#23229)

Tuesday and Thursday Class

March (#23233) April (#23234) May (#23235)

ULTRAFIT AND CARDIO KICKBOXING

This class is for anyone interested in burning off calories., looking for a fun, exciting, workout and wants to hit some bags. Team Guerrero hosts one of the most dynamic and fun training classes. The mixture of martial arts, workout program, and meal planning makes this class the ultimate method for losing weight and improving one's health.

Fee: \$50.00

Age: Adults Only 18 years and older

Day: Friday Time: 5:30 - 6:30 p.m.

March (#23230) April (#23231) May (#23232)



CO-ED VOLLEYBALL LEAGUE

(4-PERSON VOLLEYBALL)

A and B Leagues

Thursdays: 6:00 - 8:45 p.m.

SEASON OF PLAY: April 7 - July 14, 2016 (#23058)

15 Weeks/\$280.00 per team

More information is available by contacting Farid Karimi at (858) 871-0047



ADULT TENNIS

Tuesdays, Wednesdays and Thursdays

Participants choose their day.

Session I: March 1, 2016

6:00 - 6:50 p.m. (#23236) 7:00 - 7:50 p.m. (#23237)

Session II: April 5, 2016

6:00 - 6:50 p.m. (#23238) 7:00 - 7:50 p.m. (#23239)

\$80.00/5 Weeks This session is ongoing

More information is available by contacting USPTA Certified instructor Joe Wesson at (619) 743-8051.



Weight Room

The Weight room is equipped with a stationary bike, elliptical machine, stair stepper, circuit training machines and free weights. Patrons must be **18 years of age or older**. Paid membership and completion of a liability waiver is required.

Gym hours:

Monday : 1:00 - 7:45 p.m.

Tuesday and Thursday: 12:00 - 8:45 p.m.

Wednesday and Friday: 12:00 - 7:45 p.m.

Saturday: 9:00 a.m. - 1:45 p.m.

Sunday: Closed

Fees :

Daily: \$ 3.00

Monthly: \$10.00

Quarterly: \$20.00

Yearly: \$70.00



All Customers are charged a \$2.00 transaction fee for all online registration and reservation transactions. Additionally, a 3% credit card fee will be applied when a credit card is used to process payment. Rates are established by the service provider and are non refundable.

Registration/Reservation Transaction and Credit Card Fees

A transaction Fee and a credit card fee is charged to customers who use credit cards (or other electronic payment mechanism) for registrations and reservations. Rates are established by the service provider and are nonrefundable. Current rates are listed below.

<u>Fee Description</u>	<u>Previous Fee</u>	<u>Approved Fee</u>
Transaction Fee	N/A	\$2.00/transaction
Credit Card Fee	N/A	3% of Total Charges

GENERAL INFORMATION

Registration Begins

Class Registration begins February 20, 2016
Registration is accepted:

Mondays 1:00 to 7:00 p.m.

Tuesdays through Fridays 12:00 to 7:00 p.m.

Class Information

- Classes will begin the month of March, 2016 and registration will be taken two weeks prior to the class start date and no later than the second class meeting.
- Registration is taken online, first serve, walk in basis. Telephone or mailed registrations are not accepted.
- If classes do not meet minimum enrollment, they will be canceled and a full refund will be issued by Appointment only.
- Programs and fees are subject to change without prior notice.

Payment Policy

- Payment is required at the time of registration.
- Registration deadline is the second class meeting and leagues.
No registration will be accepted after the second scheduled class meeting.
- CREDIT CARD, exact CASH or CHECK payable to **MBRCC@PB., Inc.** are only methods of payment accepted. Valid identification must be presented if paying by check.
- **Visa, MasterCard, American Express and Discover are accepted.**
- A \$25 service fee will be charged for returned checks.
- Class fees are NOT pro-rated/discounted after the beginning of the scheduled session.
- Registrants should make sure they receive a receipt with their copy of the registration form.

ONLINE REGISTRATION INFORMATION

Online registration for all contractual programs offered by the Recreation Council using the Online Activity Registration System is available.

Log onto: www.SDRecConnect.com

Returning Customers (previously registered for classes online) Click the "My Account" button. Enter your login (email) and password. Log in with this password to activate your account.

New Accounts — New registrant should click on the "Create Account" button. Fill out the New Account request form completely, including all required (Birth date, gender, email, address, etc.) and click submit, taking care to submit only once. A confirmation will be sent to the email address that was provided. Directions provided by active account should be followed. Please Note: (For first time users only) Parents/Guardian must create their own account first using their own information. Once the online registration account is open, the registrant will have the opportunity to add a child as a family member.

Water Conservation

Pacific Beach Recreation Center would like to encourage everyone to

"Think Blue" and help conserve water.



Recycling

The recycling bin is located in the yard on the south side of the Pacific Beach Recreation Center. If bins are full, please come back another day. Recyclables are collected on Tuesdays and Thursdays

"It's Likeable To Be Recyclable."

Volunteer Workers

Ongoing opportunities are available at recreation centers, pools, and regional parks throughout the City, as well as with senior and therapeutic recreation programs. If you would like to volunteer, please see staff for more information, or visit

www.sandiego.gov/park-and-recreation/general-info.volunteer.stml or contact the Volunteer Office at (619) 533 - 4017. Volunteers and donations keep our programs going.

Refund Policy

- Refund request forms must be submitted PRIOR to the second scheduled class meeting and youth leagues.
- To obtain a refund, a PBRC Refund Request Form (obtained at the office) must be completed and submitted

*Requirements of Independent Contractors

- All contractors, sub-contractors and volunteers must be fingerprinted through the City of San Diego Live Scan Process.
- Contractors must submit a business license and proof of liability insurance.
- City staff handles all registration for the program.
- Contractors must provide Worker's compensation coverage for all employees.

Permits & Rentals

- Permits will be issued by appointment only by the Recreation Center Director.

Permit Hours

Monday through Wednesday 1:00 - 4:00 p.m.

*Permit Holder Requirements

- Must provide proof of insurance
- Registration is completed by the permit holder
- Permit holder is not required to submit proof of fingerprinting for their coaches, volunteers and/or instructors

All City of San Diego Parks and Beaches are smoke and alcohol free.

Holiday Closures

Thursday March 20, 2016

Monday May 30, 2016

Cesar Chavez Day

Memorial Day

